

Shape
the Future

MASSAGE THERAPY FOUNDATION ANNUAL REPORT 2008



GUIDING PRINCIPLES

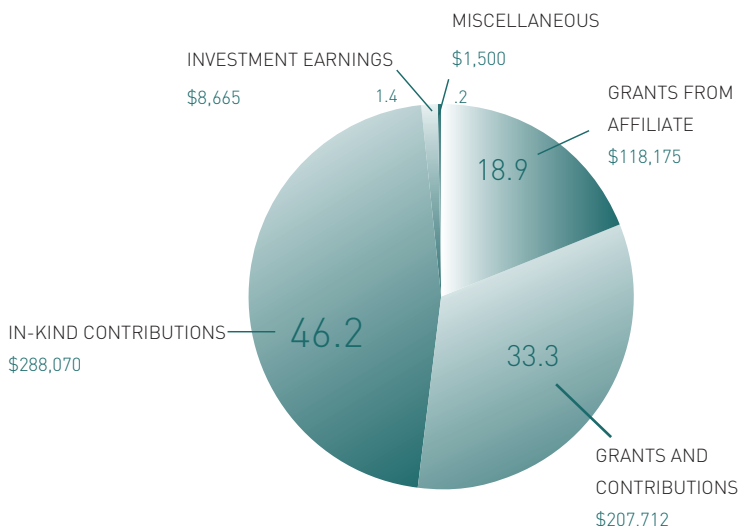
THE FOUNDATION
COMMITTS TO:

- UPHOLDING the principles of philanthropy.
- CONTRIBUTING to the understanding and appreciation of massage therapy.
- INCREASING the Foundation's influence, credibility, and visibility in health and wellness.
- SUSTAINING the Foundation's organizational effectiveness.
- FOSTERING the spirit of collaboration.

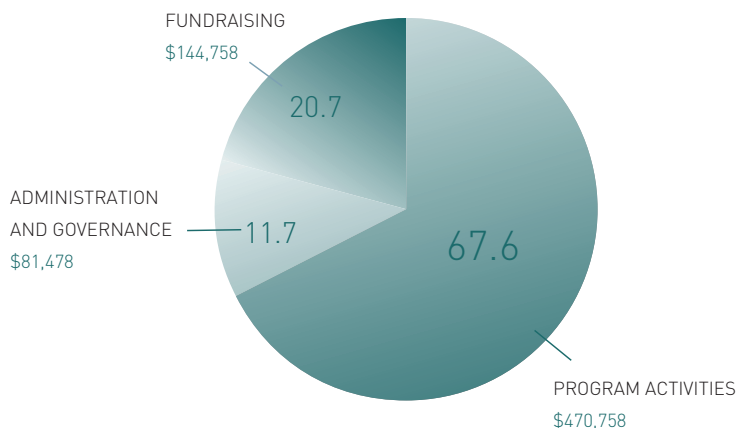
GOALS

- 1 Advance research on therapeutic massage and bodywork.
- 2 Foster massage therapy initiatives that serve populations in need.
- 3 Promote research literacy and capacity in the profession.
- 4 Support the evidence-informed practice of therapeutic massage and bodywork based upon available research, client factors, and practitioner experience and judgment.
- 5 Fortify the Foundation's financial resources and organizational effectiveness.

REVENUES



EXPENSES



EXECUTIVE SUMMARY

Operational and Programmatic Highlights – In 2008, the Foundation was pleased to grant an all-time record of more than \$137,000 to fund five research and nine community service grants. We also chose to sponsor two important conferences; the 2009 Fascia Congress and the 2009 North American Research Conference on Complementary and Integrative Medicine (NARCCIM). Although our support of these conferences was not budgeted for, we felt our participation as a sponsor was vital. Additionally, the board of trustees voted to host both a Best Practices Symposium and a second Highlighting Massage Therapy in CIM Research conference, which will take place in Seattle, May 2010. In August 2008 we launched the International Journal of Therapeutic Massage and Body

work, and lastly, we maintained our case report contest activities.

Revenue and Losses – 2008 was a year most investors would prefer to forget. The MSCI World Index fell by 40%, representing the weakest annual performance since the index started in 1970. The 39% fall in the S&P 500 was the worst since 1931.* As such, the Foundation's investment portfolio suffered a \$110,846 (42.8%) decline in value for the fiscal year ending February 28, 2009. We also took a \$72,267 loss in operations due in part to our support of the Fascia and NARCCIM conferences. Another contributor to operational losses was a decline in fundraising dollars, particularly in the area of corporate support. Several regular corporate supporters had to lower their contributions, and some were forced to cut their donation entirely.

On the positive side, support from individuals exceeded our goal by \$10,000 which speaks to their level of commitment.

The Massage Therapy Foundation takes its financial health very seriously and the staff, finance committee, and board of trustees closely monitor the ongoing operational budget as well as the safety of our investments. As we trim our budget and revise our spending strategies, we remain hopeful for a better year in 2009–2010 as we have already seen a sharp increase in our investment portfolio in the first quarter.

*source: Citigroup Global Markets 2009 Global Equity Outlook – January 7, 2009



FROM THE PRESIDENT

Dear Friends and Colleagues,

A common question for non-profit organizations today is, "How are we doing financially?" Due to our conservative investment plan, careful spending, and loyal donors, the simple answer is, "Things are not as bad as they could be, but they could be better."

Several of the Massage Therapy Foundation's 2008 fundraising campaigns exceeded their targets. Others, however, fell substantially short of goals that were moderately set based on pledges and previous trends. While our funds for granting are determined by the previous year's fundraising totals, our operating expenses are calculated during the year spent, causing us to fall slightly short of our budget. Our modest reserves will compensate for our shortfall this year, but this is not a long-range solution and our resilience over the next few years will depend on our ability to rethink our financial and program strategies as well as our community-building efforts.

We are blessed with board members, staff members, supporters, and volunteers who have already risen to the challenge and are finding ways to adapt and thrive in the current economic environment. We have identified new funding sources and have reduced spending in thoughtful ways. One result is that you might not see me at your convention or conference. Instead, a number of trustees have volunteered to attend conferences and conventions local to them, sparing the Foundation the travel expenses related to this type of outreach.

We recognize that reducing money for research and community service granting is not an ideal way to address the financial stress. Our work is vital: research on massage therapy is critical for inclusion in the changing health care system and community outreach offers relief to people in need. Our 2008 grants are exploring public health issues like diabetes and childhood obesity, and serving people living on the streets, in orphanages, and on reservations.

That said, due to exceptional fundraising totals in 2007, 2008 represents our largest granting year to date, with \$100,000 designated to massage research, \$40,000 to community service projects, and \$20,000 for the student and practitioner case report contests. But because we were not able to meet our fundraising goals for 2008, we are not able to sustain this level of granting in 2009. We will temporarily restore pre-2007 granting levels to ensure our viability and provide continuity while we evaluate our investments and secure new donors and sponsors for the 2010 Highlighting conference and Best Practices Symposium. Our intent will be to restore and increase our granting levels as soon as is feasible.

Today we celebrate our ongoing ability to fund important projects and research conferences. We celebrate our relationships across our profession and within the research community and integrative medicine. We honor those who work to bring massage to those in our community who live broken or difficult lives. We thank our donors and volunteers who give of themselves to keep our work alive and our contributions exceptional.

Today we celebrate you.

Warmly,
Diana L. Thompson, LMP
President

Sustaining



A mother massages her infant

the Foundation's
organizational effectiveness.

HEATHER O'LEARY, SWEDISH COVENANT HOSPITAL, CHICAGO, IL
INCREASING MOTHER-INFANT INTERACTION, DECREASING DEPRESSION:
TEACHING INFANT MESSAGE TO MOTHERS WITH SYMPTOMS OF POSTPARTUM DEPRESSION
\$2,283

Visit www.massagetherapyfoundation.org to read full summaries of these grant projects.

Heather O’Leary is a massage therapist on staff at a Chicago hospital who learned about the Massage Therapy Foundation through being an AMTA member. Her clinical focus is working with moms and babies, many of whom are referred by midwives. Her community outreach program consists of teaching new mothers with severe “baby blues” symptoms (Emberg scale) how to massage their babies, and creating group support interactions where mothers can learn wisdom and coping skills from each other. This is an ongoing program for which the Foundation grant has provided needed resources.

Most of the mothers are trying to manage with little or no support. The goals of the program are to help them cope with stress and depression, to support mother/child bonding, to recommend resources in the community, and to help the babies, who are often colicky or otherwise challenging, to relax, sleep better, and get a healthy start in life. O’Leary has developed her own “Bonding with Baby” survey and has found that through learning to give their infants massages her program participants develop more confidence as moms, feel less isolated, appreciate their babies more as individuals, and find that they have more resources to calm and support them.

One of her current goals is to educate medical personnel in the hospital about the benefits of massage for people like her clients—that it is much more than a luxury.

.....
CARE FOR CAREGIVERS

DEB CHARLESTON, [Hospice at Home, St. Joseph, MI](#)
 \$5,000

PROJECT PAEAN: MASSAGE AS MENTAL WELLNESS TOOL: A COLLABORATION TO RETURN TO BALANCE THROUGH TOUCH

LORI RUTH KALVERT, [Project PAEAN/Breathing Project, New York, NY](#)
 \$5,000

.....
HEALING TOUCH: MASSAGE THERAPY FOR THE HOMELESS

JUANA LEANDRY, [Praxis Housing Initiatives, Inc., New York, NY](#)
 \$4,500

Sponsored in part by a grant to the Foundation from BIOTONE

GENTLE TOUCH AND COMPLEMENTARY MASSAGE

BETSY QUEEN, [Mount Carmel Health System, Columbus, OH](#)
 \$5,000

HANDS TO PROMOTE HEALTH

LORENE REANO, [Santo Domingo Tribe Santo Domingo, Pueblo, NM](#)
 \$5,000

.....
RUB IT! SIMPLE MASSAGE TECHNIQUES TO ALLEVIATE COMMON AILMENTS

OFSENIORS
ALICIA RECORE, [St. Peter’s Hospital, Albany, NY](#)
 \$2,200

UZBEKISTAN ORPHANAGE MASSAGE THERAPY TRAINING

ALISHER SHARIPOV, [Medical Teams International, Tashkent, Uzbekistan](#)
 \$5,000

HEALTH CARE IS A HUMAN RIGHT: FREE BODYWORK AND HOLISTIC CLINIC FOR HOMELESS INDIVIDUALS

SUSAN WEEKS, [Health Care Is a Human Right \(HCHR\), Saugerties, NY](#)
 \$4,980

This project has taken a community-based wellness approach to working with teenage girls whose weight, lifestyle and eating habits place them at risk for health concerns such as Type 2 diabetes. The researchers, who are based in a community health center, developed a partnership with Body by Brandy, an inner-city gym program initiated by award-winning trainer Brandy Cruthird. Cognizant of the trust issues that can arise in communities of color because of historical experiences with research, the project focused initially on outreach to the community and families of the girls in the gym program. With the support of the three gym instructors and the backing of engaged and supportive family members, a total of 30 Latina and African American girls, aged 12–17, who had no prior experience of massage, received in-chair treatments after workout classes at the gym.

The gym program, which is supported by federal funding, also includes nutrition/cooking classes. Integration of massage into this program gave the researchers an opportunity to evaluate whether accessible massage therapy helped influence the program participants to change their way of viewing their health-related choices. Rather than focusing on weight or body mass index, the project employed qualitative methods such as focus group meetings, validated survey instruments and detailed note-taking by the massage therapist to observe whether massage could help improve the girls’ health-related attitudes and habits and their sense of self-worth.

Currently in the data analysis phase, the study’s results will be reported at the annual meeting of the American Public Health Association taking place November 7–11 in Philadelphia. The principal researcher, Beth Sommers, MPH, Lic.Ac., expressed gratitude to the Foundation’s donors for making it possible to fund this type of community-integrated research project.

.....
FEASIBILITY STUDY OF
 MASSAGE THERAPY WITHIN A
 BRAIN TUMOR SETTING
STEVE KEIR
 Duke University
 \$20,000
 Sponsored in part by a
 grant to the Foundation
 from BIOTONE

.....
CHILDREN’S RESPONSES TO
 STRESS AND COMFORTING:
 THE EFFICACY OF MASSAGE IN
 AMELIORATING THE EFFECTS
 OF AN ACUTE SOCIAL
 STRESSOR
SETH D. POLLAK, PHD
 Waisman Center for
 Neuroscience, University
 of Wisconsin, Madison
 \$20,000

.....
PILOT RCT OF CANCER
 PATIENTS UNDERGOING
 PORT-A-CATHETER
 PLACEMENT
JENNIFER ROSEN, MD
 Boston Medical Center
 \$20,000

.....
DESCRIPTIVE COMBINED-
 METHODS STUDY OF
 ALBERTA’S CAM MANUAL
 THERAPISTS
MARJA VERHOEF, PHD
 Faculty of Medicine,
 University of Calgary
 \$18,462

Visit www.massagetherapyfoundation.org to read full summaries of these grant projects.

ELIZABETH SOMMERS -PATHWAYS TO WELLNESS,
BOSTON, MA. WIN WIN HANDS ON: INCORPORATING
MESSAGE INTO AN ADOLESCENT PROGRAM TO REDUCE
RISK OF DIABETES
\$20,000



A massage therapist performs chair massage to an adolescent girl.

Fostering

the spirit of
collaboration.



Upholding

FIRST PLACE, GOLD AWARD WINNER ERIKA LARSON, LILBURN, GA
MESSAGE THERAPY EFFECTS IN A LONG-TIME PROSTHETIC USER WITH
FIBULAR HEMIMELIA

Visit www.massagetherapyfoundation.org to read full summaries of these grant projects.

“I enjoyed the process of delving into the unknown, thinking critically to integrate various disciplines and deduce a treatment protocol well suited to investigate a topic of choice. The challenge of examining a research question through the lenses of both the art and the science of massage therapy was made all the more rewarding as I received the opportunity to witness how profoundly massage therapy can affect an individual. Participation in the Massage Therapy Foundation’s professional practitioner’s case report contest lead me to the realization that although exploration in such a manner as to attempt to quantify the benefit or lack thereof of a specific therapeutic massage protocol to a specific problem is by nature limited, the journey to further the scientific understanding of massage therapy must begin somewhere.”

Erika Larson

2008 Practitioner Report Gold Award Winner

.....
SECOND PLACE, SILVER

AWARD WINNER

THE EFFECTS OF MASSAGE
THERAPY IN TREATMENT OF
CHRONIC PLANTAR FASCIITIS
GLENDA KELLER, RMT, BPHE
Picton, Ontario, Canada

.....
HONORABLE MENTION

REDUCTION AND
STABILIZATION IN PARKINSON-
RELATED PERIPHERAL EDEMA
WITH THERAPEUTIC MASSAGE
ROBIN B. ANDERSON, LMT,
NCTMB, CPT-ACE, Abingdon, MD

.....
HONORABLE MENTION

THE USE OF MASSAGE
THERAPY FOR LONG-TERM
GLYCEMIC CONTROL IN A
TYPE 2 DIABETIC CLIENT
SHERRY A. ROBINSON-
JACKSON, Shreveport, LA

the principles of philanthropy.

EDUCATION: STUDENT CASE REPORT CONTEST WINNERS | 2008

Sponsored in part by a grant to the Foundation from Associated Bodywork and Massage Professionals (ABMP)

“I loved doing the research, reading other people’s studies, poring through articles—the whole process! The challenge of the work in practical application and the rewards of having a happy research client made my school experience so much more. I have been reading about massage research since graduation, as it deepens my practice and provides a firm foundation for the work that I do. Thank you, massage researchers!”

Jenny Dailey

2008 Student Case Report Contest Silver Award Winner

.....
FIRST PLACE, GOLD AWARD
WINNER
TREATING FATIGUE IN
MULTIPLE SCLEROSIS WITH
MASSAGE THERAPY
CATHERINE HANSON:
Kiné-Concept Institute,
Ottawa, Ontario, Canada

.....
SECOND PLACE, SILVER
AWARD WINNER
BULIMIA NERVOSA AND
MASSAGE: A CASE REPORT
EXAMINING BODY AWARENESS
WITH CO-MORBIDITIES
ANXIETY AND DEPRESSIO
JENNY DAILEY: Brian
Utting School of Massage,
Seattle, WA

THIRD PLACE, BRONZE AWARD
WINNER
MASSAGE THERAPY AS A
METHOD TO DECREASE
FORWARD HEAD POSTURE,
INTERNAL SHOULDER
ROTATION AND ANXIETY:
A CASE STUDY
LEIGH JONAH: Kiné-Concept
Institute, Ottawa, Ontario,
Canada

.....
HONORABLE MENTION
EFFECTS OF MASSAGE IN
SUSTAINING PERFORMANCE
AND LIMITING SORENESS IN A
MULTI-PERFORMANCE
SPORTING EVENT
MARY JANE CALVERT: Cortiva
Institute, Colorado

HONORABLE MENTION
THE EFFECTS OF MASSAGE
THERAPY ON MILD STRUCTURAL
SCOLIOSIS IN THE THORACIC
SPINE RESULTING IN
POSTURAL CHANGES, MUSCLE
FATIGUE, SLEEP DISTURBANCES
AND CHRONIC HEADACHES
MEAGAN ROBACK:
Kiné-Concept Institute,
Ottawa, Ontario, Canada

Contributing

Visit www.massagetherapyfoundation.org to read the abstracts of these award winning case reports.

SECOND PLACE, SILVER AWARD WINNER

JENNY DAILEY: BRIAN UTTING SCHOOL OF MASSAGE, SEATTLE, WA
BULIMIA NERVOSA AND MASSAGE: A CASE REPORT EXAMINING BODY
AWARENESS WITH CO-MORBIDITIES ANXIETY AND DEPRESSION



Jenny Dailey massages a Pacific Northwest Ballet dancer

to the
understanding and appreciation
of massage therapy.

ONGOING AND FUTURE INITIATIVES



HIGHLIGHTING MASSAGE THERAPY IN CIM RESEARCH MAY 13–15, 2010 RED LION HOTEL SEATTLE, WA

The Massage Therapy Foundation is pleased to present the second Highlighting Massage Therapy in CIM Research conference. This three-day conference will bring together massage and manual therapy practitioners, educators, CIM researchers, allied health professionals, and others interested in massage research. Current research related to massage and manual therapies will be presented, with a special focus on translational research and public health. Online registration opens October 30, 2009.

More information is available at www.massagetherapyfoundation.org/researchconference2010.html

TEACHING RESEARCH LITERACY: An In-Service Event for Teachers In 2009, the Foundation launched Teaching Research Literacy, a continuing education opportunity for massage therapy educators and schools.

Through this program, the Foundation sends a presenter to a participating school to work with faculty members to provide them with skills and ideas for incorporating the basic principles of research literacy into their existing core curriculum. This 8-hour in-service workshop also qualifies for NCBTMB continuing education credits.

For more information on this program, please visit www.massagetherapyfoundation.org/teach.html



THE IJTMB LAUNCHED IN AUGUST 2008 AND HAS SINCE PUBLISHED FOUR ISSUES. The IJTMB is an online, peer-reviewed, open-access scientific journal for the therapeutic massage and bodywork profession, and is available free of charge.

The IJTMB is available at www.ijtmb.org.

Increasing

the Foundation's influence,
credibility and visibility
in health and wellness.

HONOR ROLL OF DONORS | 2008

“Massage Envy recognizes the importance of research and community service in the massage therapy profession and is honored to be able to contribute to the Massage Therapy Foundation. We believe the work done through this group benefits all of us in the massage profession.”

- CG FUNK, VICE PRESIDENT OF INDUSTRY RELATIONS AND PRODUCT DEVELOPMENT



“My annual donation to the Massage Therapy Foundation has been a source of great personal pride and satisfaction. I consider this organization to be the actual foundation of our profession. Its strength and continued growth will ensure a stable base for all that we do in the future.”

- CLIFF KORN, LMT - FOUNDATION TRUSTEE



SUSTAINING
BENEFACTOR

\$100,000 AND UP



BENEFACTOR

\$20,000 - \$99,999



PRESIDENT'S
CIRCLE

\$10,000 - \$19,999



TRUSTEE'S CIRCLE

\$5,000 - \$9,999



STEWARD

\$1,000 - \$4,999



PATRON

\$500 - \$999

Robert E. Armstrong
At Peace Media
Leah J. Bowder
Mark W. Dixon, NCTMB - In Memory
of Jeff Young
Elements Therapeutic Massage
Florida School of Massage
Stephanie Gillespie
Ann Blair Kennedy
Kinesis Inc.
Elizabeth Krizenesky
Massage Magazine
Massage Today
Jill G. Morris
Neal, Gerber & Eisenberg, LLP
Angela K. Palmier, NCTMB*
Rolite Company
Doreen Rossi
Sa-Wan Spa Products
Patricia A. Sharpe, PhD, LMT,
NCTMB
Jeff Smoot^
W. Randy Snyder, DC
Soothing Touch
Margaret Summerside, MT, RN
Diana L. Thompson, LMP*
WinCity Custom Software

* DENOTES FOUNDATION
VOLUNTEER
^ DENOTES AMTA BOARD
OF DIRECTOR

HONOR ROLL OF DONORS | 2008

SUPPORTER (\$100-\$499)

Virginia L. Abbett
 John Balletto, LMT, NCTMB*
 Linda L. Barrett
 Ellen E. Belconis
 Patricia J. Benjamin, PhD
 K. Monica Biondi
 Barbara Kerr Black
 Anita Boser
 Karen T. Boulanger, NCTMB, MS,
 PhD (cand)*
 Elaine Calenda, AOS, NCTMB
 Nora Camens
 Cheryl C. Chapman, RN, HNC, NCTMB
 Colorado Institute of Massage Therapy
 John L. Combe, LMT, NCTMB*
 Debra Baxter Cooper
 R. Daniel Cronin
 Barbara June Davenport, NCMT
 Ann Webb Davis
 Daybreak Geriatric Massage Institute
 DeAnza College
 Patricia A. Doyle
 Ellen R. Dugolenski
 Educating Hands School of Massage
 Melissa L. Epple, LMT
 Joseph Ernsteen
 Brian Fetty
 Paul Foley
 Jeffrey Forman, PhD
 Laurel J. Freeman, BA, LMT
 Claude Gagnon*
 Lynn Gregory and Andrew Biel
 William J. Greenberg
 Allissa Haines
 Sally S. Hacking
 Lorraine Hancock, RN, CMT
 Judith M. Harrington
 Richard Harrington, PhD

Heart of the Valley School of Massage
 Gil Hedley
 Patti Ann Heimlich
 Tim Herbert
 Maureen Hoock
 Michael A. Hovi
 Gail R. Hoyt
 Glenn M. Hymel, Ed.D., LMT*
 Information Systems Consulting Group
 I-N Touch School of Massage
 Irene's Myomassology Institute
 Allison Ishman
 Jean Ives*
 Sharon Marden Johnson, LMT,
 NCTMB*
 Laura Meredith Kenison
 Kim Kreidel
 Claudette C. LaRoche
 Christopher Laxton
 Kathie Lea
 Lippincott Williams & Wilkins
 Massagetablerentals.com
 Beverly May
 Nancy McIsaac - In Memory of
 Karen Wilson
 Wendy Miner, LMT
 Maureen A. Moon*
 Albert Moraska, PhD*
 Glenath Moyle*
 Joseph E. Muscolino and
 Simona Cipriani
 Jane L. Neumann
 Nathan Nordstrom
 Gini Ohlson
 Richard J. Olcott - In Memory of
 Val Olcott
 Carol Osborne-Sheets
 Kathleen M. Paholsky
 Cynthia Ann Piltch, PhD, MPH

Pittsburgh School of Massage Therapy
 Kathleen Miller Read*
 Christine H. Reay
 Sharon Remaly
 Cynthia Ribeiro^
 Luella Ribeiro
 Susan Rosen
 TelePro Temps, Inc.
 Royal Treatment Enterprises
 Claude Salerno
 Sarasota School of Massage Therapy
 Jan Schwartz*
 Susan M. Singer
 Cheryl L. Siniakin, PhD
 Julie M. Smith
 Audrey Snyder, RN, MSN, ACNP, CMT
 Soma Institute - National School of
 Clinical Massage Therapy
 Sutherland-Chan Schools, Inc.
 Judy Stahl
 Robert Swanson
 Rachel S. Swinney
 TCL Foundation, Inc.
 Deborah Tuck
 Dolly A. Wallace
 Tracy Walton, MS, LMT - In Memory of
 Cynthia Delano Myers, PhD
 Kellye Webber
 Christina Weber
 Dale Wheeler
 Dana S. Whitfield
 Wellington College of Remedial
 Massage Therapies
 Pete and Lee Whitridge
 Lynda Solien Wolfe
 Wellness at Work
 World Massage Conference

FRIEND (\$1-\$99)

Jennifer Absey, RN
 Kenneth P. Adler
 Doris Aguilar
 Joseph Aliotta
 Christopher Alvarado, LMT, NCTMB
 AMTA Indiana Chapter - In Memory of
 Herb Fanno
 AMTA Pennsylvania Chapter - In
 Memory of William Van Gelder
 AMTA Pennsylvania Chapter - In
 Memory of Joseph Davanzo
 AMTA Tennessee Chapter
 Barry Antoniow
 Jane Andrews
 Patricia Archer
 Adrienne Asta
 Dorothea V. Atkins, MT, RN
 Ferne Bachman
 Barbara Bailey, RN, LMT, PC
 Anita Bakke

Gay Barefield
 Chanin Bays
 Bella Vita, Inc
 Tom Birmingham
 Barb Bohaty
 Winona Bontrager
 Nelson K. Boyette
 J.B. Mary A. Brett
 Trudy B. Brown
 Christina M. Bunning, LMT, CMCE
 Gayle E. Burdick
 Anne Buquing
 Jane T. Cannizaro
 Katherine Carroll
 Donna F. Cloud
 Jean L. Clough
 Ellen Vliet Cohen
 Patricia A. Cooper
 Teresa Ann Coppage
 Shelley Cushman
 Claire Darling, LMT

Anne F. Day
 Jackie Day
 Sister Pat Dowler
 Patricia A. Doyle - In Memory of Jim
 Morton and In Honor of Millie Joe
 Morton
 Lee Daniel Erman
 Leora Fellus - In Memory of Bento and
 Carlos Ribeiro
 Satu Ferentz
 Julie Finn
 Kenneth Fisher
 Sandy Fritz, MS, NCTMB
 Wilhelmina Gibb
 Mary Jean Gibbons
 George C. Glass, LMT, NCTMB
 Dennis Gorman
 Fritz Gottfried
 Keith Eric Grant, PhD
 Carole A. Gras
 Larry Gray

FRIEND (\$1-\$99) CONT.

Brenda L. Griffith
Ruth Grimes
Allissa Hanes
Judith Henkel
Laura Henriquez
Verhonica Hirst
Marcie S. Holding
Sidonie R. Hylander
Deborah T. Jewett
Ron Joganic
Faye T. Jones
Christine Judson
Lucia Kaestner
Kathleen M. Keller
Diane M. Kinney
Joan Meyer Knockel
Denise Kozel – In Memory of Dan
Parmenter
Tamara M. Krenn
Colleen M. Kruse
Michal B. Kuttler
Andrea Langdon
Michelle Larson
Evelyn S. Lawrence
Jenae Lehman
Karen S. Lessman-Hughes
Lucy Liben, MS, LMT
Mark E. Liskey
Jamie Listebarger
Bernadine Lletto
Kelly LoGiudice, LMT
Laurie A. Macleod
Wendy G. Marsh
Jeanie Matthews

William R. McKnight
Linda B. McNeill, LMBT
Kerry Methot
Judith Leonora Myers
Cherie Monterastelli
Moscow School of Massage
Christopher A. Moyer, Ph.D.
Patricia Murphy
Darlene Nadeau
Carolyn Scott Naile
Sharon R. Nare
Sonya Neff - In Memory of
Neva L. Winegardner
Margaret F. Nelson
Virginia J. Nelson
Katharine Newman
Suzanne Nixon
Northwestern Business College
Lisa C. Parenteau
Gerald Parham – In Memory of
Bento and Carlos Ribeiro
Joanne M. Pasquariello
Sarah Patton
Linda S. Pearson
Kay S. Peterson
Charlotte Phillips
Lynn Pinter
Alison K. Pittas
Joan Pinkert
Ann Marie Polich
Gianna Pontoni, NCTMB
Suzanne F. Price
Judith Ralston
Mary Rathman
Ginny Redpath, LMP

Sheila D. Resari
Mary Kathleen Rose, BA, CMT
Karen Russell
S.G. Salvo, LMT
Judith H. Sanford
Donna L. Schiller
Karen Schiller
Rennae Schmidt
Christine Schmitthenner
M.G. Schoene
Resa S. Schreffler, LMT
Sarah Schroeder
Margaret L. Smeltz
Jennifer Sommerman
Sari Spieler
Kelley C. Studholme
Karla H. Stull
Julie A. Szivecz
Cheryl L. Tardy, BA, LMT
Eileen L. Tatum
Nancy Lee Tellier
Simon J. Teolis
Bruce E. Thomas
Margaret Tobakos
Louise Tucker
Pamela Turci, LMT, NCTMB
Efthimios Vlahos
Mariesha Watters
Keith R. Wells
Amanda P. Whitehead
Lashandra Willis
Darla K. Workman, LMP
Frederick A. Zukeran

IN-KIND DONORS

AMTA Council of Schools
AMTA Oregon Chapter
AMTA Washington Chapter
ABMP Schools Forum
Curties-Overzet Publications, Inc.
Custom Craftworks
Florida State Massage Therapy
Association
worldmassageforum.com

ALTERNATIVE THERAPIES
OF HEALTH AND WELLNESS



AMTA CHAPTER DOLLAR-PER
MEMBER-CAMPAIGN

Arizona
California
Colorado
Connecticut
Delaware
Georgia
Hawaii
Illinois
Iowa
Kansas
Kentucky

Maine
Massachusetts
Michigan
Minnesota
Mississippi
Missouri
Nebraska
Nevada
New Hampshire
New Jersey
New Mexico
New York
North Carolina

North Dakota
Ohio
Oregon
South Carolina
Tennessee
Texas
Utah
Vermont
Washington D.C
Washington
West Virginia
Wisconsin
Virginia

EVERY EFFORT HAS BEEN MADE TO INCLUDE ACCURATE INFORMATION FOR ALL DONORS' GIFTS AND CONTRIBUTIONS.
PLEASE CONTACT US IF WE HAVE INADVERTENTLY MADE ANY MISTAKES OR OMISSIONS.



Massage Therapy Foundation
500 Davis Street, Suite 900
Evanston, IL 60201-4695

PRSR STD
U.S. Postage
PAID
Carol Stream, IL
Permit No. 307



MISSION The Massage Therapy Foundation advances the knowledge and practice of massage therapy by supporting scientific research, education, and community service.

2008 BOARD OF TRUSTEES

PRESIDENT

DIANA L. THOMPSON, LMP
Seattle, WA

VICE PRESIDENTS

TIM HERBERT

Eugene, OR

RUTH WERNER

Layton, UT

TRUSTEES

DOUG ALEXANDER

Ottawa, Ontario, Canada

JOHN BALLETTTO, BSC, LMT

Pawtucket, RI

DEBRA CURTIES

Toronto, Ontario, Canada

CLAUDE J. GAGNON

Milwaukee, WI

GLENN M. HYMEL, EDD, LMT

New Orleans, LA

ALBERT MORASKA, PHD

Boulder, CO

GLENATH MOYLE

Portland, OR

LESLIE YOUNG, PHD

Golden, CO

2008 ADVISORY COUNCIL

LEON CHAITOW, ND, DO

London, UK

AVIAD HARAMATI, PHD

Washington, DC

JANET R. KAHN, PHD

Burlington, VT

ROBERT KING

Chicago, IL

CLIFFORD W. KORN, LMT

Windham, NH

WHITNEY LOWE, LMT

Sisters, OR

JAN SCHWARTZ

Tuscon, AZ

For a complete list of volunteers, please visit www.massagetherapyfoundation.org.

Contact us

Massage Therapy Foundation

500 Davis Street, Suite 900

Evanston, IL 60201-4695

Ph: 847.869.5019

Fax: 847.864.1178

STAFF

ELIZABETH M. LUCAS

Foundation Executive

Director

GINI S. OHLSON

Foundation Director

COLLEEN KRUSE

Foundation Manager

ALISON PITTAS

Program Manager,

Foundation Research and Grants

Shape the Future Your donation will help to promote collaborative research, deepen the understanding of massage therapy, and bring massage to people in need. Donate online today at www.massagetherapyfoundation.org.

Email:

info@massagetherapyfoundation.org

Web:

www.massagetherapyfoundation.org

The Massage Therapy Foundation is a 501(c)3 tax-exempt public charity